Oven Luv'n Blueberry

Nutritional Facts

Serving size 1 Muffin (57g)

Amount per Serving	
Calories 210	Calories from Fat 80
	% Daily Value*
Total Fat 9g	**14**%
Saturated Fat 4g	**20**%
Trans Fat 0g	
Cholesterol 30mg	**10**%
Sodium 210mg	**9**%
Total Carbohydrate 27g	**9**%
Dietary Fiber 1g	**4**%
Sugar 12g	
Protein 3g	

Vitamin A	0%	• Vitamin C	0%
Calcium	6%	• Iron	2%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400 mg	2,400mg
Potassium	Less than	3,500 mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Bleached Wheat Flour, Water, Vegetable Oil (Palm, Soybean), Sugar, Dextrose, Fruit Pieces (Sugar, Cranberries, Blueberry Juice From Concentrate, Grape Juice Concentrate, Sunflower Oil), Glycerin, Egg. Contains 2% Or Less Of Each Of The Following: Blueberries, Nonfat Milk, Salt, Cornstarch, Modified Cornstarch, Xanthan Gum, Cellulose Gum, Cellulose Gel, Leavening (Baking Soda, Sodium Aluminum Phosphate, Dicalcuim Phosphate), Gelatin, Natural And Artificial Flavor, Polysorbate 60, Propylene Glycol Esters, Potassium Sorbate (Preservative).

Allergen Information:
Contains Milk, Soy, Egg, Wheat Ingredients. Made On Equipment That Also Processes Peanuts/nuts.