

# Oven Luv'n Corn

## Nutritional Facts

Serving size 1 Muffin (57g)

### Amount per Serving

**Calories 200**    Calories from Fat 70

% Daily Value\*

**Total Fat** 8g                      **12%**

    Saturated Fat 3.5g            **18%**

    Trans Fat 0g

**Cholesterol** 30mg                **10%**

**Sodium** 290mg                   **12%**

**Total Carbohydrate** 28g        **9%**

    Dietary Fiber 1g                **4%**

    Sugar 10g

**Protein** 3g

Vitamin A 0%    •    Vitamin C 0%

Calcium 6%    •    Iron 2%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400 mg	2,400mg
Potassium	Less than	3,500 mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9    •    Carbohydrate 4    •    Protein 4

**Ingredients:** Bleached Wheat Flour, Water, Vegetable Oil (Palm, Soybean), Sugar, Yellow Cornmeal, Dextrose, Glycerin, Egg. Contains Less Than 2% Of Each Of The Following: Nonfat Milk, Cornstarch, Modified Cornstarch, Salt, Leavening (Baking Soda, Sodium Aluminum Phosphate, Dicalcium Phosphate), Xanthan Gum, Cellulose Gel, Cellulose Gum, Propylene Glycol Esters, Polysorbate 60, Gelatin, Artificial Flavor, Potassium Sorbate (Preservative).

### Allergen Information:

Contains Milk, Soy, Egg, Wheat Ingredients. Made On Equipment That Also Processes Peanuts/nuts.