

Rich & Moist Apple Cinnamon

Nutritional Facts

Serving size 4 oz. (113g) 1 Muffin

Amount per Serving		
Calories	380	Calories from Fat 160
		% Daily Value*
Total Fat	18g	28%
Saturated Fat	4g	20%
Trans Fat	0g	
Cholesterol	70mg	23%
Sodium	320mg	13%
Total Carbohydrate	51g	17%
Dietary Fiber	1g	4%
Sugar	29g	
Protein	4g	
Vitamin A	2%	• Vitamin C 0%
Calcium	2%	• Iron 10%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400 mg	2,400mg
Potassium	Less than	3,500 mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Sugar, Enriched Bleached Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Eggs, Soybean Oil, Apples, Cinnamon Chips (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa, Natural and Artificial Cinnamon Flavor, Sorbitan Monostearate (Emulsifier), Soy Lecithin, Salt, Cinnamon and Artificial Flavor), Modified Food Starch, Leavening (Sodium Aluminum Phosphate, Baking Soda, Monocalcium Phosphate), Emulsifiers (Mono and Diglycerides, Sodium Stearoyl Lactylate), Potassium Sorbate (Preservative), Whey, Salt, Vital Wheat Gluten, Nonfat Milk, Cinnamon, Guar Gum, Xanthan Gum, Natural and Artificial Flavor.

Allergen Information:

Contains Wheat, Soy, Milk, and Eggs. Manufactured in a facility that processes tree nuts.