

Smart Portion Brownie

Nutritional Facts

Serving size 1 Brownie (25g)

Amount per Serving

Calories 80 Calories from Fat 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 75mg **3%**

Total Carbohydrate 17g **6%**

Dietary Fiber 2g **8%**

Sugar 11g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400 mg	2,400mg
Potassium	Less than	3,500 mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whole Grain Wheat Flour, Sugar, Water, Cocoa Powder (Treated with Alkali), Oat Fiber, Glycerin, Canola Oil, Fully Hydrogenated Cotton Seed Oil, Whole Egg Powder, Corn Syrup Solids, Salt, Emulsifier (Contains: Mono and Diglycerides, Soybean Oil), Natural and Artificial Flavor, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Glucose Syrup, Dextrose, Fiber.

Allergen Information:

Contains Wheat, Soy, Milk, and Eggs. Manufactured on Shared Equipment with Nuts. May Contain Nuts